

COUVALOUP AND HIS MOTIVATION

Couvaloup is my pseudonym. I am a 62-year old man with a very solid constitution. I chose to use a pseudonym because, as is obvious from the remarks and findings that it contains, THE 8TH DAY is a neutral, objective book. The person behind the writing of the book does not matter: ONLY the ideas contained within in it are important.

It will be the down to how other people think, and their ensuing beliefs, that will decide whether what I say is felt to be true and objective. In many cases these other people will also be specialists in certain fields, and some of the claims that I make in THE 8TH DAY will be absolutely new to these experts. I live in the hope that these new approaches will be of help to them. It will certainly not be easy and will have to happen over a period of time. There are already enough day to day examples of specialists who have become very convinced of the importance of their own field-specific work, and who therefore do not take very kindly to other people encroaching onto their fields with their own opinions.

Because there is very good reason to believe that bad thinking has left VERY important affairs upon our planet are in a VERY sorry state, and because it is HIGH time that these problems were taken seriously and addressed in a responsible manner, I am setting out my stall of relevant knowledge for all to see – even though many people will be terrified by much of what I have to say.

I will make no secret of the fact that I am doing this partly out of self-preservation; in my life I have been through some extremely painful experiences, from which I have learned how much things can get out of hand when specific knowledge is known only to specific people who are willing to exercise this knowledge in a criminal manner, gravely endangering people's lives or even killing them in the process. – You can read about this in THE 8TH DAY and its essential accompanying sister-book, RATRAPAGE.

I will make no secret of the fact that I am doing this in order to protect the rest of humanity, those “specific people” aside. Certainly, the knowledge I have acquired can be of ENORMOUS help to the “rest of humanity”, giving people the means to defend themselves against the “specific people” decently and humanely.

In our time it is essential that we fight against serious travesties with DECENCY. Of course the existence of such travesties is clear only to those who look beyond the official line promulgated by many an official and take a look around behind the scenes. For example, when I think about the wars there have been throughout history – and above all, the consequences of these wars – I find myself wondering: How many contemporary officials have some knowledge of history and what drives it, which is none other than the product of specific thoughts of “specific people”?

More than anything else I wonder if these people know that violence has never come to anything except further violence. A thousand years ago things weren't quite so bad; an individual could only ever kill a couple of other individuals. With the state of technology and other stuff today the situation is RADICALLY different. – Are you aware of what, for example, a single civil aircraft or a few envelopes filled with a couple of grams of “white powder” can do?

If you do know this, you also know what the answer to these questions has to be: Does anyone honestly believe that he can put an end to radical violence which is a direct, pathological result of entire nations being trodden down simply because of the specific behaviour of certain species of people? – There are VASTLY better solutions to these problems.

I am quite sure that I have something to contribute in the shape of sensible solutions designed to counteract the lethal violence on many different levels, and to do so much more successfully than at present. But I am not a revolutionary and I am not a violent man – I am quite simply a free man who has been able to learn from what life has thrown at him. Accordingly, you could say that this book, together with RATRAPAGE, is an autobiographical work. And because I believe in my ability to analyse things relatively well, and to think logically and objectively, I also believe that my practical solutions to a range of serious contemporary problems deserve consideration. – The most important examples of these solutions are to be found in THE 8TH DAY (the mental, psychological side) and RATRAPAGE (the practical side of life).

When I was born and for a long time afterwards my circumstances were far from favourable. About ten years ago, when I sat down to being writing THE 8TH DAY, I had risen to a relatively illustrious social status.

(Given that I had a taxable annual income of about a million deutschmarks, earned through my own very reputable services company with ca. 10 employees on the books, I think that this is a fair statement.) Since then I have had a huge variety of highly complex experiences, something that I am now able to draw on in many aspects of life.

My pseudonym should ensure that most of the people who do not come off particularly well in all this retain their anonymity. It is beneath my dignity to publicly dress people down who are fundamentally wrong in the head and who foul up because of it. – I do not extend the same courtesy to criminals who pose a threat to public safety and those with malicious intent.

You can believe me when I say that ABSOLUTELY NOBODY acts maliciously on purpose, even if his actions are totally reprehensible. He is driven to do it by something that he is unaware of, namely his subconscious. You might also call it “character”. People who think objectively in a way that is both critical and self-critical are aware of what I am talking about. – Socrates showed his awareness of this almost 2,500 years ago when he remarked: NO-ONE ERRS WILFULLY.

Knowing what we do about this tremendous philosopher of humanity and of his times, it stands perfectly to reason that he simply could not have known that it is possible (based on sound knowledge about the human brain and how the mind works) to change one’s capacity to think and act for the better using the conscious application of will. Today such knowledge is available (due to the solid body of knowledge that we have established in the meantime). Willing is everything! All that is necessary is to take some time and to synthesise the established knowledge creatively and systematically. There is one thing I know for sure: I have succeeded – and I have managed to increase what is known about humankind substantially in the process.

You can draw your own conclusions as to whether I am right or wrong in making such a strident claim and in the conclusions that I myself have come to in THE 8TH DAY and RATRAPAGE. I have reached these conclusions independently and I am presenting the results of many years of work for public discussion. This is indeed one of the things I originally had in mind for the books.

It would not be appropriate for me to get personally involved in the debate. After all, I have already made a full-hearted contribution in the form of my books. Common decency requires that others should be allowed the time to make their own views public according to the same professional standards that I have shown. Moreover, the books themselves are likely to contain many of the answers to any objections; THE 8TH DAY and RATRAPAGE are works of relative complexity and great density.

Should anyone feel the compulsion, in spite of this, to get in touch with me, he can do so via this website by clicking on the “Mailbox” link. It will, however, require some personal courage; firstly, because he will not be able to read the comments of other people and base what he has to say on that, and secondly, he will need to identify himself. Lastly, I would be very grateful if comments were submitted in German.

It is quite likely, though, that he will have to wait until the publication of my third book before receiving a response. It is called MOSAIC 1 and will explore – through myriad tiny mosaic tiles - the same subject matter as my first two books. – You can assume that MOSAIC 1 will appear sometime in the near future.

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Couvaloup